

TECHNICAL GUIDE

XCO “Sigulda Cup” UCI C2 2018

16.09.2018., Latvia, Sigulda



XCO "Sigulda Cup" UCI C2 2018 race will take place in one of the most beautiful and picturesque place of Latvia – Sigulda. A unique opportunity to race in a green, clean and lovely place with forests, hillocks and near the river Gauja. Sigulda is the most popular tourist destination in Latvia, include the ruins of the Sigulda Castle, the Cable Car, the Aerodium, the Sigulda Bobsleigh and Luge Track, the Gutmanis Cave, the Turaida Museum Reserve and other interesting locations right nearby!

Race course consists of nature trails with wood and rock obstacles, gravel roads, nature trails with woodchip surface, pavement. Some of the most technical obstacles have „chicken lines” for everyone to be able to pass the element. Race course is marked and is available for trainings before race.

Race "Sigulda cup 2018 XCO UCI C2" will be organised according to UCI Regulations.

Class of Event:

UCI C2 one day MTB race

Men Elite – must have a valid ME, MU23 (1999 year of birth and older)

Women Elite – must have a valid WE or WU23 cycling licence (1999 year of birth and older)

MEN Juniors – must have a valid MJ (2000 and 2001 year of birth)

WOMEN Juniors – must have a valid WJ cycling licence (2000 and 2001 year of birth)

Men OPEN (2004 year of birth and older)

Women OPEN (2004 year of birth and older)

Points scale In accordance with the applicable UCI points scale for class 2 events:

Elite 1st-30points, 2nd- 20, 3rd- 15, 4th- 12, 5th- 10, 6th-8, 7th-6, 8th-4, 9th-2, 10th-1

Juniors 1st-20points, 2nd -18, 3rd- 16, 4th- 14, 5th- 12, 6th-10, 7th-8, 8th-6, 9th-4, 10th-2

Prize list:

Men Elite, Women Elite – 1st – 150€, 2nd - 120€, 3rd - 90€, 4th - 75€, 5th - 60€, 6th -54€, 7th -48€, 8th -42€, 9th -36€, 10th -30€

Men Junior, Women Junior – 1st -EUR 50€, 2nd - 40€, 3rd - 30€, 4th - 20€, 5th - 15€

Open – race supporter’s prizes.

Race programme:

| Saturday, 15.09. | |
|------------------|--|
| 14:00-20:00 | Open race office |
| 14:00-16:00 | License check and distribution of number bibs |
| 16:10 | Team manager meeting |
| Sunday, 16.09. | |
| 7:00 – 16:00 | Open race office |
| 7:00 – 9:00 | Registration of OPEN group participants |
| 7:00 – 9:00 | Track inspection |
| 9:45 | Opening of start gate for OPEN group |
| 10:00 | Start OPEN group |
| 11:20 | Opening of start gate for WOMEN Elite, WOMEN Juniors |
| 11:30 | Start WOMEN Elite |
| 11:31 | Start WOMEN Juniors |

| | |
|--------------|--|
| 13:00 | Opening of start gate for MEN Elite, MEN Juniors |
| 13:30 | Start MEN Elite |
| 13:31 | Start MEN Juniors |
| 15:30 | Awards ceremony |

Race distance:

| Groups | Distance |
|------------------|--|
| MEN Juniors | 17,6km (Start loop 1,2km + 4x4,1km lap) |
| WOMEN Juniors | 13,5 (Start loop 1,2km + 3x4,1km lap) |
| MEN Elite | 25,8km (Start loop 1,2km + 6x4,1km lap) |
| WOMEN Elite | 17,6km (Start loop 1,2km + 4x4,1km lap) |
| MEN OPEN group | 17,6km (start loop 1,2 km + 4X4,1km lap) |
| WOMEN OPEN group | 13,5 (Start loop 1,2km + 3x4,1km lap) |

Race office:

Fischer Cross-Country Ski Centre, Puķu street 4, Sigulda, Latvia. License check, race numbers, secretariat, accreditation, press, anti-doping.

Opening hours: Saturday, (15.09.) 10.00 - 20.00; Sunday, (16.09) 7.00 – 16.00

Jury/Commissaries

| | |
|--|---------------------------|
| President of the commissaires' panel (PCP) International MTB Commissaire | BESCHASTNOV Andrey |
| National MTB Commissaire | GEDROVICA Madara (Latvia) |
| National MTB Commissaire | BILĀNS Kaspars (Latvia) |
| National MTB Commissaire: | ZĪLE Kristīne (Latvia) |
| National MTB Commissaire: | HORSTE Annija (Latvia) |
| National MTB Commissaire: | BERGMANE Renāte (Latvia) |

Registration

Online registration till September 13th, 23:59 on website: www.siguldassports.lv/start

Late entries are possible with double fee until September 15th 16:00 at Fischer Cross-Country Ski Centre, Puķu street 4, Sigulda, Latvia

Phone +371 29118847; e-mail: fsc@siguldassports.lv

Detailed event information:

http://www.siguldassports.lv/lv/fisher_sleposanas_trase/pasakumi/kalendars/

Entry fees *

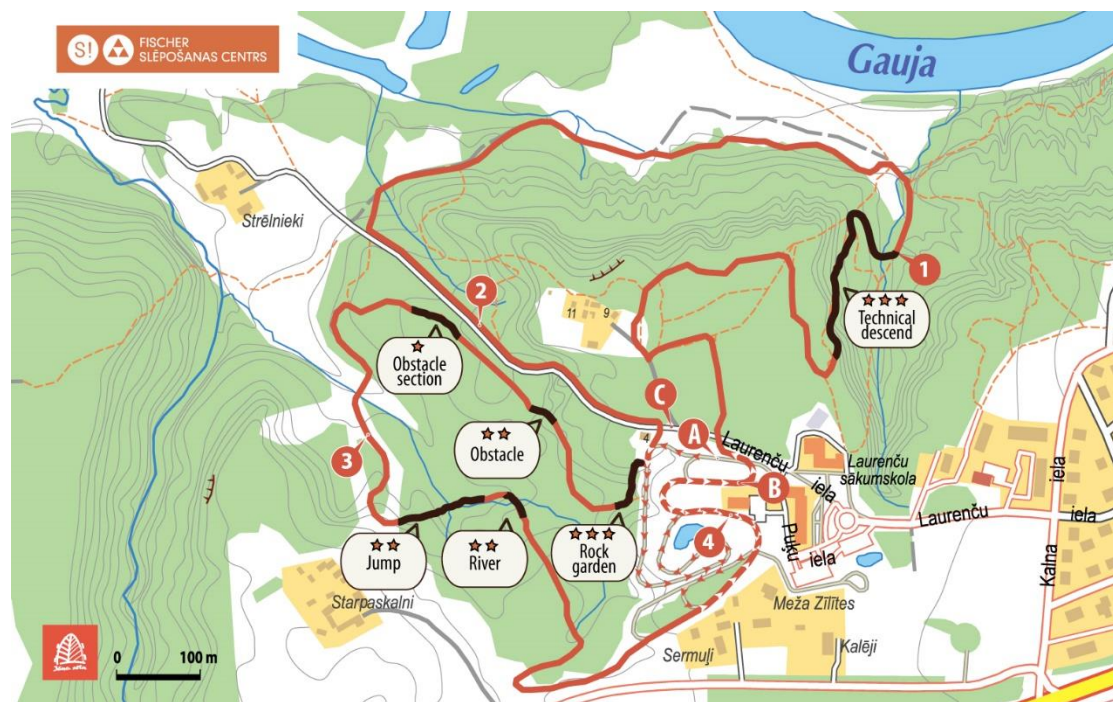
| | Online registration | Late entries |
|-----------------------------------|---|---|
| MEN Juniors, WOMEN Juniors | 10,00 € (must have a valid MJ or WJ cycling licence) | 20,00 € (must have a valid MJ or WJ cycling licence) |
| OPEN | 10,00 € | 20,00 € |
| MEN Elite, WOMEN Elite | 20,00 € (must have a valid | 40,00 € (must have a valid |

| | | |
|--|---|---|
| | ME, MU23, WE or WU23 (cycling licence) | ME, MU23, WE or WU23 (cycling licence) |
|--|---|---|

The participation fee includes: a participant's number, the rent of a microchip with a timer, the presentation of the results, awards for the winners, water after the finish line, marked and prepared routes, emergency medical treatment on the route and at the starting/finish line, WC at the competition centre, the washing of bicycles after the finish, parking spots, photographs.

Race course

Race course is located in Gauja river valley. Course consists of nature trails with wood and rock obstacles, gravel roads, nature trails with woodchip surface, pavement. Some of the most technical obstacles have „chicken lines” for everyone to be able to pass the element. Race course is marked and will be available for trainings.



- Total Track 4,1 km
- First lap beginning (1,2 km)
- Technical section on the track
- Total Climb 117m
- ★ Difficulty level
- A Start
- B Finish
- C Tech Zone, feed Zone



Penalties

The UCI penalty scale is the only one applicable.

Antidoping

The UCI anti-doping regulations are entirely applicable to the event. The anti-doping tests will take place next to the finish area (address: Puķu street 4, Sigulda, Latvia)

Travel and Accommodation

For accommodation and sightseeing, please, contact Sigulda tourism information centre:

Address: Ausekļa iela 6, Sigulda LV-2150

Coordinates: 57.153206 24.853781

Telephone: +371 67971335; E-mail: info@sigulda.lv; skype: Siguldastic

www.tourism.sigulda.lv

www.twitter.com/Sigulda_Thrills

www.facebook.com/SiguldaThrills

Working hours: 01.05.-30.09. 9:00 – 19:00

Race organizers

| | |
|----------------------------|---|
| Race Organizers | Fischer Cross-Country Ski Centre in cooperation with Association "Sportlat" |
| Race Director | Elina Sofija Kaleja e-mail: elina.kaleja@siguldassports.lv , phone +371 29135813 |
| Race office | Ivo Deičmanis e-mail: fsc@siguldassports.lv , phone +371 29641919 |
| Timing | Association "Sportlat", Māris Ozoliņš e-mail: maaris.ozolins@gmail.com , phone +371 22003310 |
| Prize ceremony | Solveiga Akmentina e-mail: fsc@siguldassports.lv , phone +371 25727605 |
| Marshal coordinator | Vents Balodis e-mail: vents.balodis@siguldassports.lv , phone +371 29484815 |

Hospital

Hospital Sigulda

Adress: Lakstīgalas street 13, Sigulda, phone +371 6797 3973 or 112

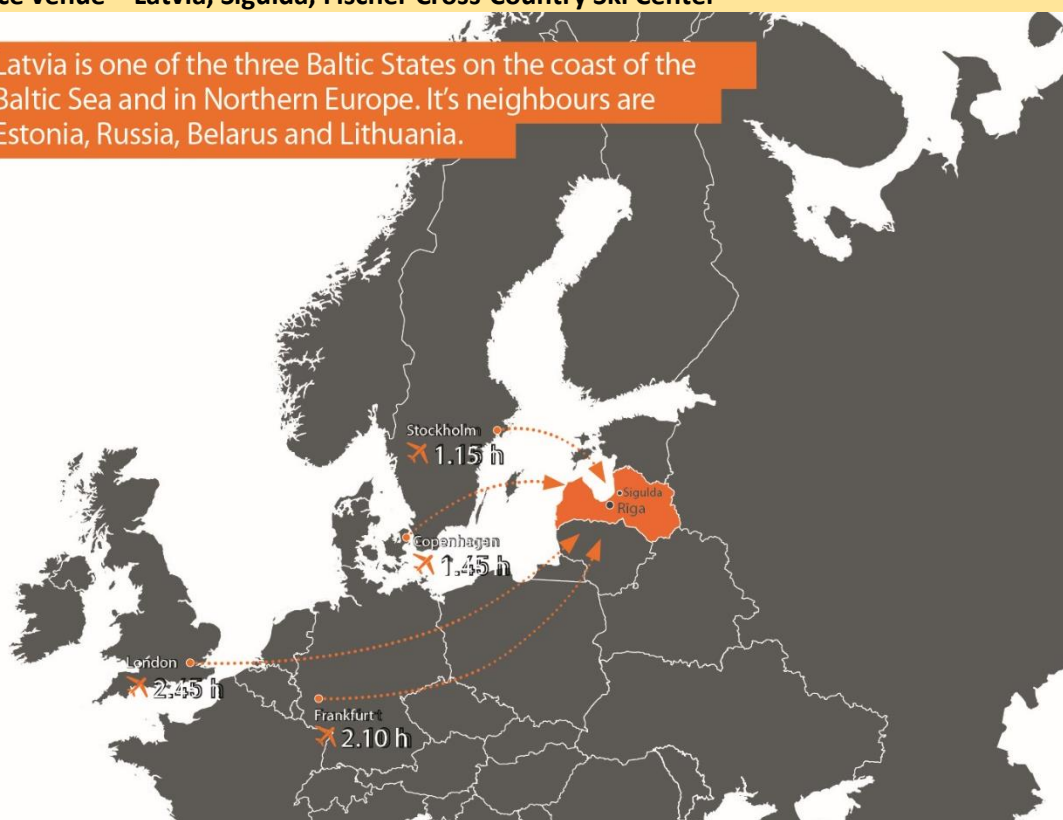
www.siguldasslimnica.lv

Police office

Adress: Ausekļa street 6, Sigulda, phone +371 26160288 or 112

Race venue – Latvia, Sigulda, Fischer Cross-Country Ski Center

Latvia is one of the three Baltic States on the coast of the Baltic Sea and in Northern Europe. It's neighbours are Estonia, Russia, Belarus and Lithuania.



Sigulda from the Centre of Riga: 45 minutes by car, 1 hour 10 minutes by public transport (bus, train). From the “Riga International Airport”: 55 minutes by car.

Fischer Cross-Country Ski Center

Puķu street 4, Sigulda, Latvia (GPS: 57.1403 24.8177)

www.siguldassports.lv

Fischer Cross-country Ski Center, opened in November 2013, is first of its kind refrigerated cross country skiing track in Eastern Europe. In winter visitors are provided with high quality cross country skiing track. In the warm part of the year everyone is welcome to use the facilities of Fischer Cross-country Ski Center for different activities - roller skating, roller skiing, cycling, nordic walking and running. In the centre there is also roller skiing, roller skating and nordic walking equipment rental. Services at Fischer Cross-Country Ski Center: showers, sauna, wardrobe, beverage and snack vending machine.

News, results and photos

Website: http://www.siguldassports.lv/lv/fisher_sleposanas_trase/

Facebook: <https://www.facebook.com/fischersleposanascentrs/>

Specific rules

- A safety helmet is required! If the participant competes without a helmet or with an unfastened helmet, they will get disqualified;
- The results of the participants get recorded electronically. By repeatedly crossing the finish line, the participant places last in crossing time and the ranking;
- The punishment for crossing the finish line from the opposite direction is disqualification;
- If the participant arbitrarily shortens the distance, they will get disqualified;
- It is recommended that the participants take the following with them in the race: a pump, a spare camera, a bottled beverage and a mobile phone;
- Any cyclist who believes that they have been restricted by some action in the time leading up to the crossing of the finish line, can submit a written protest by paying EUR 20 to the chief judge of the competition within 30 minutes of crossing the finish line. If the protest gets approved, the fee (EUR 20) is repaid to the person who submitted the protest;
- The judges have the right to collaborate with the organizers in deciding on matters which have not been mentioned in the competition regulations;
- By applying to the competition, each participant confirms with their signature that they assume full responsibility of their physical fitness for the completion of the race and that they will follow the road traffic provisions and the competition regulations;
- Parents or caregivers take responsibility for participants under the age of 18, and confirm their responsibility with a signature by applying to the competition in the secretariat;
- The organizers and all the other people who are involved in the organization of the competition do not take responsibility for any direct, indirect, unexpected or expected physical and material losses incurred by the participants of the competition, whether they take place before or after, or during the competition;
- The organizers will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions. The organizers decline all responsibilities towards the riders and others in case of an accident.
- By confirming their participation in the competition, the participants forgo the rights to raise objections to the organizer or other people involved in the organization of the competition if they encounter possible accidents or material losses, and they do not file a damage claim to bring the case before Court;
- The organizers are not liable to the participants if they are not familiar with or do not follow these regulations;
- A microchip system is used to record the results. During the competition, the participant is responsible for keeping the microchip safe and not losing it. If the microchip gets lost, the participant has to pay a fee of EUR 50.

Privacy Policy

The participant and the competitor is informed that during the course of the event, video and photographic material may also be taken by "Siguldas Sporta serviss" Ltd., by the organizer of the event, by the event judges, and by other authorised persons, and that the competition results may be published. By applying to the event as a participant or by attending it in person, the visitor agrees that photographic or video material may be taken of them, that their image may be used in films, photographs or audiovisual recordings, that

their competition results may be published at the place of the competition and in the communication tools of the organizer of the event or of other authorized third parties. All rights to such materials and their use belong to "Siguldas Sporta serviss" Ltd. or to an authorized third person, and the given material may be used by "Siguldas Sporta serviss" Ltd., by the organizer of the event or by an authorized third person at their discretion worldwide, in any media, for advertising or other purposes, including commercial purposes, without any reimbursement or compensation about the above to the visitor.

Welcome to XCO "Sigulda Cup" UCI C2 2018!